

Monday, September 23rd

- ▶ Today I will be checking folders
- ▶ Read: Following Recipes and Directions in YL textbooks pgs. 373-79.
- ▶ Complete worksheet “Getting Ready to Cook”
- ▶ Fill in your agenda with:
 - ▶ Check folders
 - ▶ Reading Following Recipe Directions
 - ▶ Completen”Getting Ready to Cook” worksheet.

Tuesday, September 24th

- ▶ Discuss “Getting Ready to Cook” worksheet and record in logs.
- ▶ Define 8th grade cooking prep terms from pgs. 373-79
- ▶ **Fill in agenda with:**
- ▶ Check “Getting Ready to Cook” and record in logs
- ▶ Complete 8th grade cooking prep terms

Wednesday, September 25th

- ▶ Go over 8th grade cooking prep terms
- ▶ Discuss Free Cook Day Guidelines
- ▶ Get into groups and decide what you are making and what ingredients each member is bring in.
- ▶ Begin reading about Nutrients: From Food to You in Foods textbook pgs. 96-101
- ▶ Fill in agenda with:
- ▶ Check and record 8th grade cooking prep terms
- ▶ Free Cook Day Guidelines
- ▶ Read about Nutrients pgs. 96-101

Thursday, September 26th!

- ▶ Finish reading Nutrients in foods textbook pgs. 102-109 and discuss.
- ▶ Complete Vocabulary review (13 words) and Review Key Concepts 2-6 pg. 109 (34 pts.)
- ▶ Fill in your agenda with:
 - ▶ Make sure Free Cook groups have all plans set for tomorrow
 - ▶ Complete Vocab review and Key Concepts for Monday.
 - ▶ Finish for homework

Friday, September 27th

- ▶ Free Cook Day
- ▶ Fill in agenda with:
 - ▶ Free Cook Friday